

Rand Software trading as PROGRAM MANAGEMENT

COST - EFFECTIVE COMPUTER SYSTEMS

Dietetic Services

2014

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Pam.doc

PROFESSIONAL ALLERGEN MANAGER (PAM)

→ Includes Allergen Manager

Food Allergy / Intolerance Management

Windows Xp,7,8 compatible @ 2013

PROGRAM FEATURES

**** 15 Food “allergens” May be monitored eg:**

Milk	Lactose	Egg
Soy	Wheat	Gluten
Benzoates	Sulphur dioxide	BHA / BHT
Glutamate	Tartazine	Peanut
Maize	Sugar	Yeast/Moulds
Fish		

However Milk,Soy,Maize,Wheat,Egg,Gluten,Fish,Peanuts are the only practical ones

**** 8 Food “allergens” May be monitored**

Baby / infant foods are not included
Parents will have to read the labels

- Allowed / Avoid lists of foods for selected allergens
We no longer refer to “brand name list – we now speak of
Commercial foods list
– for corn flakes brands one would have to list @ 5 brands of the same
and under commercial these 5 brands are replaced with one food – saving
paper/time
- The user selects the combination of allergens for a shopping list or
a list of foods to avoid depending on the patient and allergens
- Commercial name shopping lists can be generated for any one or combination of
food allergens
 - Lists are in Food Group order (see PAM manual)
 - Food groups follow the food groupings in the stores
Eg 02 Breakfast cereals & bars
 - > 800 “problem” foods
 - An aid for patients, taking the guesswork out of shopping
Only the problem foods are normally included.
Example : for fish allergy – It is pointless giving
a patient thousands of foods that do not contain fish .
rather just give a “foods to avoid list - fish”.

- The user can update these lists with new foods as they come onto the market
- (provided the allergen information is correct
-but this not practical in the real world,
- E-Code system: Use this and train yourself to help your patients

BENEFITS

- The program reduces the time required to effectively treat / assist a food allergic / intolerant patient by approximately 80%. (in the best case scenario)

Examples

If you have a patient that has a problem with Wheat and Soy
You would generate them a “list of foods to avoid”
or one could also give them a “shopping list” of foods that may be used

Some dietitians give newly diagnosed patients a list of “foods to avoid”
and ask them to clear out their pantry.

For a fish allergen – one need only print a list of foods to avoid
- It may be stating the obvious but if the patient is “anaphylactic”
then noting what may contain fish will solve some problems.
A shopping list for foods not containing fish would be too long

This program should not be confused with Allergy Advisor

- The lists generated can assist in planning and implementing elimination diets.

COST R 1 000 discounts given

Contact Rand software for an e mail version of the manual

PAM has been in use (with upgrades) since 1996
Please read the PAM MANUAL before ordering

Contact Program Management for further information