

TERMINOLOGY once used by DIETICIANS DietTerm1980.doc

Drawn up by hospital dieticians in the 1980's

(Anna-Marie Swart & co, Sue Croft, van Graan, Brenda?)

Some are wrong in today's terms but when dietitians need to do research through old hospital records this list may be of great help.

A	: Assessment	alb	: albumin
ac	: Latin-ante cibum -before meals	ALP	: Alkaline phosphatase
A&W	: Alive and well	ARF	: Acute renal failure
Abort	: abortion	AS	: Aortic stenosis
ACP	: Acid phosphatase	ATN	: Acute tubular necrosis
abd	: abdomen	ad lib	: Latin –ad libitum- as needed
ADL	: activities of daily living	ASHD	: Arteriosclerosis heart disease
adm	: admission	AODM	: Adult onset diabetes mellitus
A/G ratio	: Albumin/globulin ratio	AHD	: Atherosclerotic heart disease
AF	: Arterial fibrillation		
ALT	: Alanine transaminase (SGOT: serum glutamate oxaloacetate transaminase)		
AST	: Aspartate transaminase (SGPT: serum glutamate pyruvate transaminase)		
Ba	: Barium	BRP	: Bathroom privileges
b/d	: 2x/day, db, bid: twice a day	BR	: Bed rest
BEE	: Basal energy expenditure	BSL	: Blood sugar level
Bl cult	: Blood culture	BV	: Blood volume
BTL	: Bilateral tubule ligation	BW	: Body weight
BM	: Bowel movement	BUL	: Blood urea nitrogen
BSP	: Bromosulphalein	Bx	: Biopsy
BMR	: Basal metabolic rate		
BS	: Blood sugar, bowel sounds, breath sounds		
c	: (Latin: cum) with		
C	: Centigrade/ Celsius	CPC	: Clinicopathologic conference
Ca	: Cancer	C/S	: Cesarean section
CAD	: Coronary artery disease	CrCl	: Creatinine clearance
Cath	: Catheter, catheterize	Creat	: Creatinine
CBC	: Complete blood count- FBC: full blood count		
cc	: cubic centimeter, chief complaint	chr	: chronic
c/o	: complaints of	CRF	: Chronic renal failure
CCF	: Chronic cardiac failure	CSF	: Cerebrospinal fluid
CCU	: Coronary care unit	CVA	: Cerebral vascular accident
CD	: Continuous drainage	CVI	: Cerebral vascular incident
CHD	: coronary heart disease	CVP	: Central venous pressure
CHF	: Congestive heart failure	Cx	: Cervix
CK	: Creatine kinase		
cl	: cloudy		
CMV	: Cyclo megalo virus		
CNS	: Central nervous system		
CNM	: Certified nurse midwife		
conc	: concentration		
cont	: continued		
COPD	: Chronic obstructive pulmonary disease		
D&C	: Dilation and curettage		
D/C	: Discontinue	DPM	: Discontinue previous medicine
Disch	: Discharge	DIT	: Diphtheria

DL	: Danger list	d/t	: due to
DM	: Diabetes mellitus	DT	: Delirium tremors
DOA	: Dead on arrival	D/W	: Dextrose and water
DOE	: Dyspnoea on exertion	D/W	: Diagnostic X-ray therapy
D/S	: Dextrose and saline		
ED	: Every day		
	: 4 x/ day	ENT	: Ear, nose, throat
EDC	: Estimated date of confinement	EPA	: Eacesopentanoic acid
EEG/EKG	: Electrocardiogram	ESR	: Erythrocyte sedimentation rate
EEG	: Electroencephalogram	expir	: Expiration or expiratory
ERCP	: Endoscopic retrograde colicysto- pancreaticogram		
EW, ED, ER	: Emergency ward, department, room		
F	: Fahrenheit	FH	: Family history, fetal heart
FB	: Foreign body	Fl	: Fluid
FBC	: Full blood count	FTT	: Failure to thrive
FBS	: Fasting blood sugar	FUO	: Fever of unknown origin
FeSO	: Ferrous sulphate	Fx	: Fracture, #
FFA	: Free fatty acid		
GAS	: Generalized arteriosclerosis		
GB	: Gallbladder	GTT	: Glucose intolerance test
GIT	: Gastrointestinal tract	GU	: Genitourinary
Gm%	: gram/dl	GYN	: Gynecology
Gm, gm, g	: gram		
h	: hour	Hct	: Haematocrit
HBP	: High blood pressure	HCVD	: Hypertensive cardiovascular disease
Hb	: Hemoglobin	HPN, HTN	: Hypertension
HBW	: Healthy body weight	hs	: hours
HEENT	: Head, eyes, ears, nose and throat		
HHNK	: Hyperosmolar hyperglycemic nonketotic coma		
ICU	: Intensive care unit		
I& D	: Incision and drainage	inspir	: inspirational
I& O	: Intake and output	int	: internal
IHD	: Ischaemic heart disease	IQ	: Intelligence quotient
imp	: impression	IV	: Intravenous
incr	: increasing	IVP	: Intravenous pyelogram
J	: Joule		
JVP	: Jugular venous pressure		
Kcal	: Kilocalorie		
Kj	: Kilojoules		
L	: Left	LI	: Large intestine
L & w	: living and well	LLL	: Left lower lobe- lung
L.E	: Lupus erythematosus	LLQ	: Left lower quadrant- abdominal
lab	: laboratory	LMD	: Local medical doctor
lat	: lateral	LMP	: Last menstrual cycle
Lb	: pound (16 oz, 0.4536kg)	LP	: Lumbar puncture

LBM	: Lean body mass	LR	: Labour room
LDH	: Lactate dehydrogenase	LUL	: Left upper lobe- lung
LGE	: Large for gestational age	LUQ	: Left upper quadrant- abdominal
Mane	: In the morning	MI	: Myocardial infarction
Med	: Medicine	MOM	: Milk of magnesia
MBA	: Motor bike accident	MOSF	: Multiple system organ failure
mEq	: milliequivalent	MVA	: Motor vehicle accident
MS	: Mitral stenosis, multiple sclerosis, morphine sulp		
NAD	: Nothing abnormal detected	NG	: Nasogastric
neg	: negative	Nocte	: In the evening
NEC	: Necrotizing enterocolitis	NPH	: Isophane insulin
ng	: nanogram	NPN	: Non protein nitrogen
NS	: Normal saline	NPO, N/O:	Nil per Os
NDF	: Non diagnostic findings		
OB	: Occult blood	OPD	: Outpatient department
OBS	: Obstetrics, organic brain syndrome	OR	: Operating room
OGTT	: Oral glucose tolerance test	orth	: orthopedics
OOB	: Out of bed		
p	: plan	PEM/PCM:	Protein calorie malnutrition
PA	: Pernicious anemia	PO	: Per Os- by mouth
PAT	: Pregnancy at term; paroxysmal arterial tachycardia	Po	: Postoperative
path	: pathology	PP	: Post prandial
PBI	: Protein bound iodine	pr	: per rectum
pc	: (Latin: post cibum) after meals	prep	: prepare for
PE	: Physical examination	prog	: prognosis
Ped	: Pediatrics	pt	: patient
Pg	: Picogram	PTB	: Pulmonary TB
pH	: hydrogen ion concentration		
PH	: Past history		
PI	: Prothrombin index, present illness		
PID	: Pelvic inflammatory disease		
RA	: Rheumatoid arthritis	RLD	: Related living donor
RAI	: Radioactive isotope	RTA	: Renal tubular acidosis
RBC	: Red blood cell count	Rx	: Treatment
RHD	: Rheumatic heart disease		
S	: Subjective	spec	: specimen
s	: (Latin: sine) without	sp gr	: specific gravity
sc	: subcutaneous	SSE	: Soap suds enema
Sbs	: Soft brown stool	staph	: Staphylococcus
SI	: Small intestine	stat	: (Latin: statin) immediatly/1 only
GGPT		surg	: surgery
Sgs	: Soft green stool	Sys	: Soft yellow stool
GLE		SUN	: Serum urea nitrogen
SH	: Social history		
SOB	: Shortness of breath		
T&A	: Tonsillectomy and adenoidectomy	TP	: Total protein
tab	: tablet	TPR	: Temperature, pulse, respiration

TBW	: Total body weight	trach	: trachea, tracheostomy
Tds	: 3x/day	TPN	: Total parenteral nutrition
TLI	: Total lymph irradiation	trig	: triglyceride (s)
TG	: Triglyceride		
Tid	: (Latin: ter in die) three times a day		
TLC	: Total lung capacity, tender loving care		
UCHD	: Usual childhood disease	USP	: United States pharmacopoeia
URI	: Upper respiratory infection	UTI	: Urinary tract infection
Urol	: Urology		
vag	: vaginal	vol	: volume
VC	: Vital capacity	VS	: Vital signs
VD	: Venereal disease		
wbc	: white blood cells	wdwn	: well developed, well nourished
WBC	: White blood count	WNL	: Within normal limits

REFERENCE: Escott-stump S. Nutrition and diagnosis- related care. Lea & Febiger, 1985
: Richard L.I, Richardson J.K. The mathematics of drugs and solutions-
With clinical application 3rd edition Mc Graw-Hill. Book co. 1985
Mason ,M Wenberg BG & Welsch PK .The Dynamics of Clinical Dietetics
New York : John Wiley & sons 1982

ABBREVIATIONS a partial listing from medical records

Abd	: Abdomen, abdominal	Alk.phos:	Alkaline phosphatase
Ad lib	: As desired	Amts	: Amounts
A.D.A	: Albumin	ASHD	: Atherosclerotic heart disease
BCAA's	: Branched-chain amino acids	Bd/bid	: Twice a day
BF	: Breast-feeding, breast feeder	B.P	: Blood pressure
BMR	: Basal metabolic rate	BUN	: Blood urea nitrogen
c	: cup	CVP	: Central venous pressure
C	: Coffee	Circum:	Circumference
Cal/ kcal	: Calorie(s), used to represent food kilocalories	Cl,CL-	: Chloride
CA	: Cancer	CPK	: Creatine phosphokinase
Ca/ca ⁺⁺	: Calcium	CO ₂	: Carbon dioxide
CF	: Cystic fibrosis	CRP	: C-reactive protein
Chol	: Cholesterol	Cu	: Copper
CHO	: Carbohydrate CHO		
DAT	: Diet as tolerated	DOB	: Date of birth
Decaf	: Decaffeinated	DNA	: Deoxyribonucleic acid
Def	: Deficiency	Dx	: Diagnosis
dl	: Deliliter	D5W	: 5% dextrose solution in water
EFG	: Electroencephalogram	elim	: elimination, eliminate
EFA's	: Essential fatty acids	ECG/EKG:	Electrocardiogram
e.g.	: For example	Esp	: Especially
elec	: Electrolytes	EOTH	: Ethanol/ ethyl alcohol
Fe, Fe ⁺⁺	: Iron	FTT	: Failure to thrive
F&V	: Fruit and vegetables	FBC	: Failure to thrive

G	: Grams (1000kg)	GI	: Gastro intestinal/ Glycemic index
GE	: Gastroenteritis	Gluc	: Glucose
Gest	: Gestational	GTT	: 5hr glucose intolerance test
GFR	: Glomerular filtration rate		
H&H	: Hemoglobin and hematocrit	HLP	: Hyperlipidemia
HBV	: High biologic value	HPN, HTN:	Hypertension, HT
HCI	: Hydrochloric acid	Hx	: History
Hct	: Hematocrit	Ht	: Height
Hgb A ₁ C	: Hemoglobin A ₁ C (glucose)		
I	: Infant	i.e	: That is
IM	: Intramuscular	I.U	: International units
I&O	: In and out	IUD	: Intra uterine device
IBW	: Ideal body weight	IV	: Intravenous
J, jc	: Juice		
K, K ⁺	: Potassium		
Kg	: Kilogram		
L	: Liters, litres	LDH	: Lactic acid dehydrogenase
LBV	: Low biologic value	L.E	: Lupus erythematosus
LBW	: Low birth weight	Lytes	: Electrolytes
M	: Milk, (full cream milk = FCM)	ml	: milliliter
MAC	: Mid-arm circumference	Mg	: Milligrams
MAMC	: Mid-arm muscle circumference	µg	: Micrograms
MAO	: Monoamine oxidase	MM	: Millimeters
MBF	: Meat-base formula	MOS	: Months
MCH	: Mean cell hemoglobin	MSG	: Monosodium glutamate
MCT	: Medium-chain triglycerides		
MCV	: Mean cell volume		
Meds	: Medications		
MI	: Myocardial infarction		
Mg, mg ⁺⁺	: Magnesium		
N	: Nitrogen- N ₂	Na, Na ⁺⁺	:Sodium
N&V	: Nausea and vomiting	NPO	: Nil per Os (nothing by mouth)
OT	: Occupational therapy	OCs	: Oral contraceptives
OS	: Mouth, Oral	OJ	: Orange juice
O ₂	: Oxygen	Ok	: Okay, suitable
		Oz	: Ounce (28grams)
	Fluid Oz = 1/16 th of Pint: 1 Pint = 0.47 Litres		
P	: Phosphorus		
PG	: Pregnant, pregnancy		
PPD	: Skin reaction test for TB - PRIVATE PRACTICING DIETICIAN		
PKU	: Phenylketonuria	PTB	: Pulmonary TB
Prot	: Protein	PO	: Per mouth
Prn	: Pro re nata (as needed)	PTH	: Parathormone
PT	: Physical therapy	PTT	: Prothrombin time

PUFA : Polyunsaturated fatty acids

Qid	: 4x per day		
Qd	: Every day		
RBC	: Red blood cell count	RHT	: Refused hospital treatment
RDA	: Recommended daily allowance	Rx	: Treatment
Sed. Rate	: Sedimentation rate	Stat	: Immediately, statistics, current status
SGA	: Small for gestational age	Sub	: Substitute
		Sx	: Symptoms
SGOT	: Serum glutamic-oxaloacetic transaminase		
SGPT	: Serum glutamic-pyruvic transaminase		
T	: Tablespoon	Temp	: Temperature
t	: teaspoon	TF/T	: Tube feeding
TB/TBC	: Tuberculosis	TLC	: Total lymphocyte count
Tds	: Three times a day	TPN	: Total parenteral nutrition
Trig	: Triglycerides		
U	: Unit	U&E	: Ureum & electrolyte
U.A	: Uric acid	UTI's	: Urinary tract infections
Vit	: Vitamins	Vs	: Versus
WBC	: White blood cell count	Wt	: Weight
Yrs	: Years	Zn	: Zinc
#	: Fractures		
24°	: 24 hours		
↑	: High/ elevated		
↓	: Low/ decreased		
√	: Check		

DietTerm1980.doc

7 July 2013