



- **PRINTOUTS:**
  1. **2-PAGE:** for the Dietitian's record (this can be saved on computer)
  2. **6-PAGE:** Simplified explanation of dietary analysis
    - For the patient / client - easy to understand:
    - Excellent educational TOOL!***

Information on printouts:

  - RDA COMPARISONS
  - NUTRIENT DENSITIES (INQ)(not used anymore)
  - IBM (Ideal Body Mass)
  - BMI (Body Mass Index)
  - PRUDENT DIET RECOMMENDATIONS / COMPARISONS
  - DRI's are no longer included

### **ADDED SPECIAL FEATURES OF DIETARY MANAGER**

1. **FOOD EXCHANGE LISTS Food**  
lists of similar nutritional specifications can be viewed.
2. **FOOD SUBSTITUTION LISTS**
3. **DESCENDING LIST OF FOOD NUTRIENT**  
A descending order list of all foods for a selected nutrient per portion
4. **FOOD / RECIPE COMPARISON PROGRAMS**  
Compare any two foods / recipes and print the differences
5. **MOISTURE CONTENT** (of foods & recipes)  
- Nutritional analysis adjusted with moisture change
6. **FOOD COSTING** (E.g. for recipe / menu costing)
7. **Printouts may be saved to memory stick or My Documents**  
**Saving printout and speeding up work**
8. **For dieticians CEU points may be obtained when attending a formal **Dietary Manager** training session (PENDING)**
9. **Program may be loaded onto as many computers as the purchasing user/institution has.**
10. ****Dietary Manager** is used for BOTH 1<sup>ST</sup> AND 3<sup>RD</sup> WORLD NUTRITION SOLUTIONS.**
11. The PROGRAM comes with a **MANUAL**
12. **Comprehensive information available FREE on our website**
13. **DIETARY MANAGER HAS SERVED DIETICIANS FOR 25 YEARS**  
**With continual upgrades.**

**COST** R 1000 (including postage and packaging)

**Updates via drop box working well**

**Contact Program Management for further detailed information i.e. the manual.**