TANITA BC-1000 , Body Composition Monitor

The new **TANITA BC-1000 Body Composition Monitor with ANT+ Wireless Technology** - bringing the most sophisticated health monitoring technology to health and fitness enthusiasts everywhere.

In addition to **weight, body fat percentage, BMI and hydration levels**, the BC-1000 Body Composition Monitor provides measurements on **muscle mass, overall physique rating, daily caloric intake, metabolic age rating, bone mass, and visceral fat**.

The BC-1000 will communicate with your computer using **HEALTH CENTRE PRO Software** and an **ANT+ USB Stick** to wirelessly transmit these nine readings within seconds after stepping on the platform.

Technical Specifications

Capacity	Weight Increments	Body Fat Increments	Power
200 kg	0.1 kg	0.1%	AA batteries x 4 (included)

Individual Analysis

Name :	**John Doe**	Gender :	**Male**
Age :	**37**	Body Type :	**STANDARD**

Current

Weight (kg) : **97.8**

Height (cm) : **195**

Bone Mass (kg) : **3.8**

Metabolic Age : **39**

Last Measurement Date : **08/01/2013 01:51:45 PM**
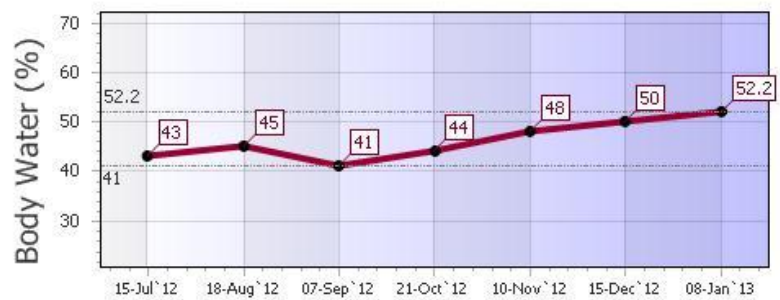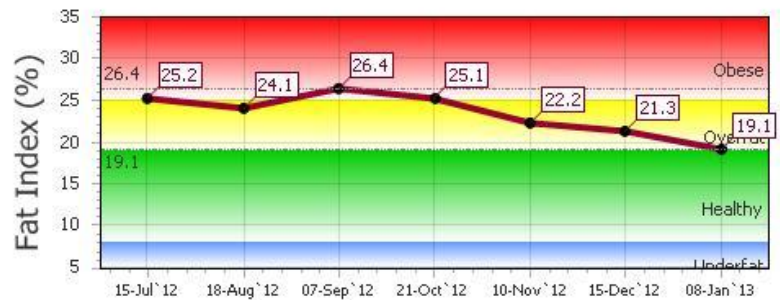
BMI = 25.7

Bodyfat = 19.1%

Body Water = 52.2%

Visceral Fat = 7.0

History

Weight (kg) history: 105.7, 104.1, 107.5, 105.4, 102.5, 100.2, 97.8 across dates 15-Jul`12, 18-Aug`12, 07-Sep`12, 21-Oct`12, 10-Nov`12, 15-Dec`12, 08-Jan`13

Fat Index (%) history: 25.2, 24.1, 26.4, 25.1, 22.2, 21.3, 19.1 (Obese / Overfat / Healthy / Underfat zones)

Body Water (%) history: 43, 45, 41, 44, 48, 50, 52.2

TANITA BC-1000 Healthy Lifestyle Service Pack

Pack Specifications:

Advanced Dual Frequency Technology, with Patented Transparent Electrode Technology, will measure and give results for :-

- Weight
- Height
- Body Mass Index BMI
- Visceral Fat Rating
- Bone Mass
- Metabolic Age
- Daily Caloric Intake kcal
- Daily Caloric Intake kj
- Basal Metabolic Rate
- Muscle Mass
- Physique Rating
- Athlete Mode
- Body Fat %
- Body Fat Mass kg
- Muscle Mass kg
- Fat Free Mass kg
- Body Water %
- Body Water kg
- Weight Increment 100g
- Healthy Body Fat % Ranges for **Adults** by 0.1%
- **Children's** Healthy Body Fat Ranges by 0.1% (Age 5 to 17 yrs)

TECHNICAL SPECS

- Toughened Safety Glass
- Batteries 4 pcs x AA included
- 3 Year Guarantee

HEALTH CENTRE PRO SOFTWARE SPECS

- Software is downloaded from the internet, automatic updates
- Measure, store, report
- Automatic back up of data to the cloud for safe storage and retrieval
- Windows XP Service Pack 2 or above

What is included in the pack? -
1 pc x TANITA BC-1000 Body Composition Monitor
1 pc x ANT+ USB Stick
1 pc x Health Centre PRO Software
1 pc x Carry Case for Laptop and Monitor